

Checking your benefits just got easier

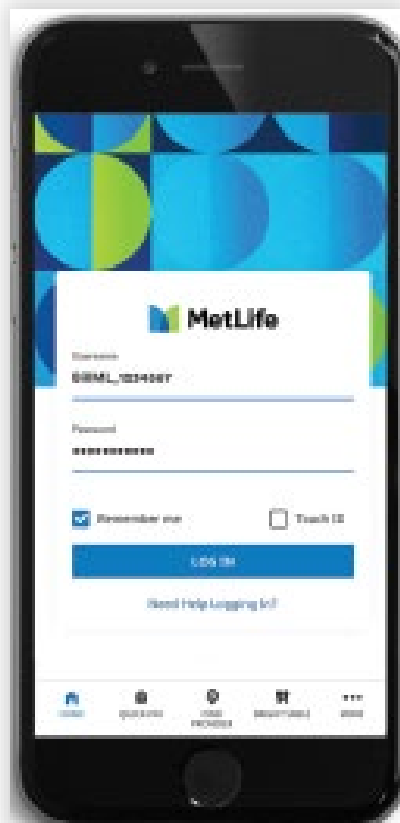
MetLife's mobile app puts convenience in the palm of your hands. You can quickly access and manage your benefit information — anytime, anywhere.

Dental Insurance

- Find a dentist
- Plan based cost estimator for dental procedures
- View your Plan Summary
- View your claims
- Book an appointment
- Provider reviews and ratings
- Track your brushing and flossing
- View and save ID card

Vision Insurance

- Find a provider



It is easy to get the MetLife US Mobile app.

Search “MetLife” on the iTunes Store® or Google Play® and download the MetLife US Mobile App, or scan these QR codes.



[1. Certain features of the MetLife mobile app are not available for some MetLife dental plans.]

Like most group benefit plans, benefit plans offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations, and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.



Navigating life together